

## **Sheets Memorial Christian School Health & Safety Plan as of August 13, 2020**

The current plan is based on a “Healthy Only” framework for reopening the SMCS campus. This framework requires parents and employees to ensure that only healthy individuals are permitted on campus. The school facilities will receive increased levels of cleaning and sanitizing, but there would be minimal disruption to typical classroom routines. Parents will be required to sign a waiver of liability which was mailed home (copy located in Sycamore).

A “Healthy Only” framework provides the greatest level of "normalcy" but depends on students and employees to remain at home if they display any flu-like symptoms or have been in contact with others who are symptomatic.

### **Masks**

- The wearing of masks by staff and students in the classroom will be optional.
- We acknowledge utilizing masks to prevent the spread of disease, and any family/student is welcomed to utilize this safety precaution if they desire to do so. Requiring them at all times, however would limit the social-emotional impact of being physically at school.
- We want you to be creative with your mask but please keep wording appropriate for a learning environment.

### **Classrooms**

- All classrooms will be equipped with hand sanitizer disinfectant.
- Upon entering the classroom students will sanitize their hands.
- Classroom desks will be spaced apart as much as possible.
- Students will be instructed not to share items with their classmates.
- Students will be encouraged and reminded not to touch or use another student’s locker, backpack, pencils, pens, markers, or any other item without first disinfecting the item.
- Recess schedules may be modified to reduce the number of students on the playground.
- Students are encouraged to bring their own water bottles labeled with their name. Bottled water will not be provided.
- Common areas including all eating areas will be cleaned & sanitized by janitorial staff throughout the day.
- Evening janitorial staff will be responsible for cleaning and disinfecting the entire facility.
- Hand sanitizing stations will be placed at all main entrances.

### **Personal Items**

- No personal items may be shared (e.g., backpacks, clothing).
- Learning materials may be shared only once disinfected (e.g., textbooks, tablets).
- All personal items (including textbooks) must be labeled with the student’s name (e.g., water bottles, notebooks, backpacks).

## **Facilities:**

- Reminders will be displayed throughout the school (classrooms, hallways, bathrooms, and administrative offices) for students and staff:
  - Stay 6' apart when possible
  - Proper and frequent handwashing
  - How to stop the spread of germs
- Chapel services will continue to be held with physical distancing in place.

## **Lunch & Food**

- Hot lunch will be served individual style.
- Silverware/Napkins will be prepackaged.
- Students will eat in the cafeteria with tables assigned by homeroom.
- Tables will be sanitized between classes by custodial staff.
- Students in after school care will need to provide their own disposable water bottles and snacks.
- The school is unable to accommodate delivered meals from outside of the cafeteria. Student forgetting their lunch will be served by the kitchen.
- The school will not be permitting outside food for large groups,(I.e. birthday parties or other events).

## **Guests, Parents, & Visitors**

- Grade K-12 parents are not permitted to enter the building during drop-off or pick-up, except for the first three days of school.
- The school will not be permitting any parents and/or visitors during the school day.

## **Athletics**

- SMCS will comply with all guidelines provided by the NC Department of Health and Human Services, and the NCCSA.
- There must be no shared personal athletic equipment (towels, clothing, shoes, or sports-specific equipment) between students.
- Students must wear their own appropriate workout clothing (do not share clothing).
- Individual clothing/towels must be washed and cleaned after every workout/game.
- All athletic equipment including balls must be cleaned after each use and prior to the next workout/game.

## **Health Screening on Campus, Waiver of Liability, and Home Health Screening Agreement**

- Temperatures will be randomly checked each day.
- Parents agree that they will neither send a student nor enter the campus themselves if they are exhibiting, or have been in recent contact with any person exhibiting any of the symptoms listed here:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

- It is recommended that any person who has traveled out of the country or to a Covid-19 “hot spot” self-quarantine for no less than 14 days with no symptoms appearing, prior to returning to school.
- Any child that exhibits a fever of 100 or greater will be held in an isolation area and parents will be notified to pick up their child to be transported home. Employees that exhibit a fever of 100 or greater will be directed to leave campus immediately.
- Students and/or staff with a fever of 100.4 or greater will be required to not return to school for two complete days and must be fever free for 24 hours before returning.
- If a student/staff presents any possible COVID-19 symptoms, Administration will complete an assessment and notify the appropriate parents/staff.
- If a student/staff has a negative COVID-19 test, they can return to school once there is no fever without the use of fever-reducing medicines and they have felt well/fever free for 24 hours and must provide a doctor’s note.
- In order for a student/staff who tested positive for COVID-19 to be allowed to return to campus they must provide a note from a health professional and be able to answer YES to the following questions:
  - Has it been at least 10 days since the individual first had symptoms?
  - Has it been at least 3 days since the individual had a fever (without using fever-reducing medicine)?
  - Has it been at least 3 days since the individual’s symptoms have improved including cough and/or shortness of breath?

**Due to the fluid nature of this situation, please know that the above Health and Safety plan could be and will likely be adjusted at a moment’s notice. As always we will make every effort to keep our families safe and informed.**